

Bí Cineálta

Get help!

Tell Someone!

We want everyone at our school to feel safe and happy.

If you think that you are being bullied, or someone else is being bullied, you need to tell a teacher or another adult that you trust. They will know what to do to help.

If a student tells a staff member about bullying behaviour, they will:

- talk with the student
- ask the student what they want to happen
- work out a plan together
- talk to their parents
- talk to the other student(s) involved

Bullying behaviour is when someone keeps being mean or hurtful to others on purpose over and over again.

When it happens a lot.
Not just once.

Please tell someone if you think that you are being bullied or someone else is being bullied.



Our school has a Bí Cineálta policy to try to stop bullying behaviour.

We look at this policy every year to see what is working well or what could work better. We will ask you what you think.